The Church of God of Prophecy, NW10 4SD

Valliere Road, NW10 6AL

Furness Road, NW10 5YT

Doyle Gardens, NW10 3ST

Crownhill Road, NW10 4EP

Crownhill Road, NW10 DR

Longstone Avenue, NW10 3UD

Willesden, London NW10 2HP

(or penina Ciup in Estate Ka) Kensal Kise,

NSE 01WN , nobnol

10 Station Road, NW10 4UE

Acton Lane, NW10 8UT

Kensal Kise

Grid rei	Contact details	Organisation	Grid ref:
	020 8965 7132 Craven Park Road, Harlesden NW10 8SE	Harlesden Library	B۱
	17a, Craven Park Road, London NW10 8SE 020 8961 5461	Total Rhythm Congo Music,	١a
	28 High Street, London, London NW10 4LX 020 8961 4446	Mahogany Community Ventures Ltd	B۱
	90A, Church Road, London WW10 9QH 020 8459 8286	The Drama Workhouse	B0
	Unit 15, The Shopping Precinct, Hillside, London WW10 8LT 020 8965 8181	shA benot2	٢A
	38a, Bruce Road, London NW10 8QS 07597 590407	World Muzik Makers	0A
		hА	Ø
	147 Bathurst Gardens, NW10 5JJ 020 8964 9840	Γricy Burtt	E2
Έ4	51 Staverton Road, Harlesden, UW2 5HA 020 8459 1360	Community Nurses	EO
D3 D3 D4	020 8459 4393 1 020 8459 4393	Richards & Curtis Pharmacy	E0
۵۱	51 Staverton Road, NW25HA 020 8459 1359	Staverton Surgery	E0
CI	9 Wrottesley Road, NW10 5UY, 08444 773479	Mrottesley Road Surgery	DS
CJ	020 8727 3350		
C0	55 Pound Lane, NW10 2HH	Arlington Care Association Brahma Kumaris World Spiritual University	D0
C0 B5	yetunde.adesanya@brent.gov.uk 25 Station Road, NW10 4UP	Arlington Care Association	C2
	Design Works Room 4, Park Parade, Harlesden NW10 4HT 020 8961 7539	African & Caribbean Resource Centre	C2
	Design Works, Park Parade, Harlesden NW10 4HT	Brent Mental Health Care African & Caribbean Resource Centre	C2
E2 D0	83 High Street, Harlesden NW10 4NT 020 8965 0872	Mr G G LAI	C2
	1B Wendover Road, Harlesden NW10 4RX 020 8965 3665	Clocktower Dental Surgery	C2
D1 C0	020 8961 9005 020 8961 9005	Brent Sickle Cell And Thalassemia Centre	C2
7	161 High Street, Harlesden NW10 4TL 54 Station Road, Harlesden NW10 4UA 020 8961 7795	Harlesden Job Centre Plus Sickle Cell Society	CS CS
E3	050 8961 6406 050 8961 4525 050 8961 6406	Catto Chemist	C2
~7	96-98 High Street, Harlesden, NW10 4SL	teimedO enedO	C2
EO	90 High Street, Harlesden, NW10 4SL	Harlesden Fresh Fish	C2
C2	020 8961 3067 216 High Street, Harlesden, WW10 4SY	Cafe du Portugal	C2
	37-41 High St, Harlesden, NW10 4NE	evessyew	C2
CI	020 8937 6360 020 8937 6360	Brent South Community Mental Health Team	C2
82	2-4 Buckingham Road, NW10 4RR 020 8965 6078	Doctors Surgery	C2

Entrance in Harlesden Lane Furness Road Harlesden, London NW10 3UE Longstone Avenue (North End) Environment 020 8968 3299 5, Ravensworth Road, London, NW10 5NP Lingua Portuguesa 020 8452 3044 Dollis Hill House Trust

Cardinal Hinsley Mathematics and Computing College Harlesden Road, NW10 3RN

Scott House School

Kenmont Primary School

Furness Junior School

Capital City Academy

Convent of Jesus and Mary Language College

John Keble CofE Primary School

Harlesden Primary School

Newfield Primary School

Scott House School

Leighton Gardens

Trinity Youth Club

Harlesden City Challenge

Hype Fm

Tower Road (off Pound Lane)

Schools

23, Alverstone Road, London NW2 5JS 0821 1868 020 25, High Street, London NW10 4NE 020 8452 9646 1M10 4ED 55 St John's Avenue, Harlesden, London 020 8961 5080 TJ4 01WV nobno-1-2 Bank Building, High Street, Harlesden,





Well London

Well London is funded by the Big Lottery Fund. It will work with local people to transform health in twenty London neighbourhoods. The Well London programme will invest in local projects:

- Promoting mental health and well-being
- Improving healthy eating choices

 Promoting access to open spaces and increasing physical activity Well London has been developed by a unique alliance of seven partners:



LSX

London Sustainability Exchange



S COUNC

«NGLANO





South London and Maudsley NHS **NHS Foundation Trust**

For more information on Well London and how to get involved please contact:

Sheila Pryce, Central YMCA T: 0207 3431743 E: s.pryce@centralymca.org.uk

Lisa Ehlers, Elders Voice T: 020 8968 8170

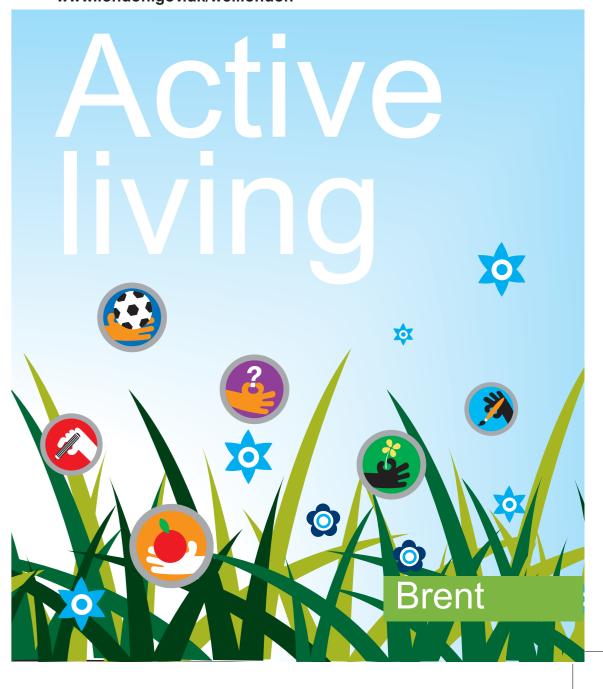
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Grid ref:	Organisation	Contact details
		00++ 0050 070
D3	College Park Residents Association	12-14 Letchford Gardens, WW10 BA3 020 8968 4408
D3	Kenmont Play Centre	Valliere Road, NW10 6AL 020 8960 2274
		evaliveth@btinternet.com 020 8961 9425
D2	yldməssA nəbsəhsH	34 Furness Road, Kensal NW10 4QE 020 8960 3929
D2	St Marks Church Hall	All Souls Avenue, Harlesden NW10 5AL
		info@capitalcityacademy.org www.capitalcityacademy.org
٦ı	dpiH nəbsəlliW	020 8838 8700
		oro % capital cityacademy.org www.capital cityacademy.org
٦١	Capital City Academy	020 8838 8700 020 8838 8700
DO	Kingshall Youth & Community Centre	050 8459 3487 155 Harlesden Road, NW10 2BE
C3	Community Centre	
		885780 95670
C5	Northwest 10 youth club	71 to 73 High Street, Harlesden WW10 4NS
C5	ym Anothen Arman Arma Ym Arman A	34 Manor Park Road, Harlesden NW10 4JJ
C2	All Souls Church	Harlesden NW10 4HJ 1 Station Road, Harlesden NW10 4UJ
C2	Greater London Somali Community	Design Works, Park Parade,
C2	Brent Linx	Unit 54 Design Works, Park Parade, Harlesden NW10 4HT
C2	RoadPeace	Design Works, Park Parade, Harlesden NW10 4HT
C2	Methodist Church	23 High Street, Harlesden NW10 4NE
C2	French Christian Community Bethel	Unit 57 Design Works, Park Parade, Harlesden NW10 4HT 020 8453 1470
00		positive.futures@crimeconcern.org.uk
C2	Brent Positive Futures	Unit 51 Design Works, Park Parade, Harlesden NW10 4HT 020 7717 1691
C2	Harles Methodist Church Hall & Community Rooms	050 8962
cs C2	Abras-Associacao Brasileira No Reino Unido	050 8961 3377 020 8961 3377
00	obial Logica old evictions accesses and a	020 8965 7454
C3 C1	Roundwood Park Day Centre Harles Methodist Church Hall & Community Rooms	Longstone Avenue, NW10 3TY 25-27 High Street, NW10 4NE
		050 8665 5797 NM10 4BZ
٢J	Mission Dine Club	Flat 1 John Buck House, Fry Road,
82	Stonebridge Older Persons Forum	Challenge House 1-2 Bank Buildings, High Street, Harlesden NW10 4LT
B0	Churchend & Roundwood Unity Centre	050 8421 6079 103 Church Road, NW10 9EG
٢A	Health and Community Centre	
0A	Day Centre	
_	Physical activity and social clubs	



Well London

Communities working together for a healthier city www.london.gov.uk/welllondon



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octors Surgery	CS D
reuchen Medical Centre	CS E
he Brent Private Tenants Rights Grou	CS II
rent Community Alcohol Service	CS B
ainight Rehabilitation Unit	B2 F
arlesden One stop Shop	B2 H
octors Surgery	B2 D
ancer Black Care	B2 C
erena Dispensing Chemist	S 18
rights Dispensing Chemist	8 18
гаven Рагk Рhагтасу	B1 C
ark Road Surgery	B1 b
reenhill Park Medical Centre	B1 G
sian Womens Resource Centre	A 18
apo Power Media Services	B0 C
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Dalgarno Community Centre τt

College Park Residents Association D3 Kenmont Play Centre D3

120 8965 5174 190 High Street, NW10 4ST 0216 8965 5170 190 High Street, NW10 4ST 020 7624 4330 715-717 High Street, NW10 4TR 0107 1968 020 25 Station Road, NW10 4UP www.cnwl.org cordelia.flick@nhs.net 020 8961 0740 27-29 Fairlight Avenue, Harlesden NW10 8AL High Street, Harlesden NW10 4LT Challenge House 1-2 Bank Buildings, 020 8961 1183 TU8 01WN ,ens. notoA 78-28 020 8961 4160 79 Acton Lane, NW10 8UT 020 8961 3653 **DS8 01WN** 7 Library Parade, Craven Park Road, 2112 2968 020 118 Craven Park Road, NW10 8QD 020 8961 1998 020 96 Craven Park Road, NW10 4AG 020 8962 2255 26 Park Road, NW10 8TA 8217 8968 020 Greenhill Park, NW10 9AR 050 1968 020 108 Craven Park, NW10 8QE 020 8429 2620 103 Church Road, NW10 9EG 020 8965 3562 Stonebridge Park, NW10 8LT 14 Stonebridge Shopping Centre, 1210 2968 020 Knatchbull Road, NW10 8XQ 0210 2968 020 WX8 01WN , MV10 8XW Craven Park Health Centre, 020 8965 0150 WX8 01WN puakespeare Cresent, Craven Park Health Centre, 020 8965 1140 1 Morkand Gardens, NW10 8DY

> 020 8969 6300 1 Webb Close, W10 5QB 020 8968 4408 12-14 Letchford Gardens, NW10 6AS 4722 0968 020 Valliere Road, NW10 6AL

This is the first time that this type of joined-up approach to improving health has been tried on a regional

This Active Living Map is one of 14 different projects that will be delivered in local areas.

Work has already been done to understand the specific needs of each community, and some projects are already underway. Depending on the needs of the community, a selection of the following projects will be delivered in that area:

CADBE (Community engagement, assessment, design, brokerage, enterprise)

- our groundbreaking research and evaluation framework is already helping us understand the health needs of local people.

Buywell - will make it easier to buy good quality, affordable and culturally sensitive food locally.

Eatwell – will increase rates of healthy eating and promote a sense of community through celebrating good food and practical activities like cook and eat clubs.

DIY Happiness - will use humour, creativity and evidence to provide practical advice and information that will increase people's ability to reduce both the physical and the psychological impact of stress,

increase resilience, and build durable personal resources.

Healthy spaces - will make physical improvements to local green and open spaces, involving the local

community in every step from planning to implementation.

Activate London – will increase physical activity levels through increasing the range of sports and active recreation activities available to communities.

Be Creative, Be Well – will use arts and cultural activity to help involve communities and individuals to improve environments and provide accessible physical activities.

Changing minds – will recruit and train local people with direct experience of mental ill health to deliver mental health awareness training in target communities.

Well London Delivery teams – are teams of volunteers in each area that will help people to make healthier choices.

Training communities – will train members of the community so they can be fully involved in supporting the delivery of the other projects.

Youth community – will make sure that children and young people are included in all aspects of the programme.

Mental well-being Impact

Assessment – will enable people to identify the potential impacts on mental well-being of their proposals / projects / programmes.

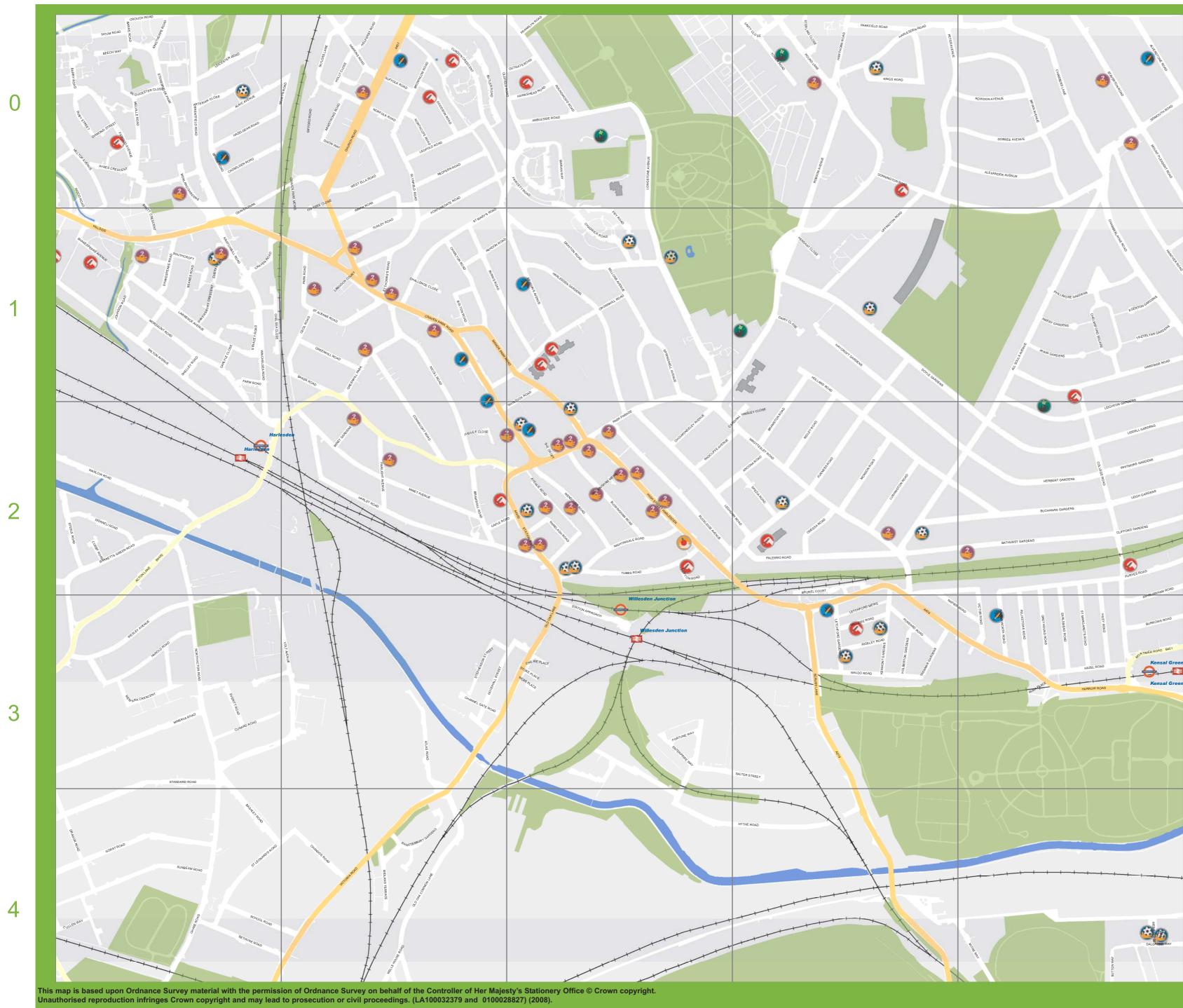
WellNet – will establish a learning network for communities and professionals across all the projects including events, newsletters and web sites.

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This map provides information on all of the different facilities in your local area that can help you live a healthier lifestyle. Parks, allotments, gyms and sports centres, advice clinics and GP's surgeries, if it will help you get fit and healthy, it's on the Active Living Map.

We hope you find this map useful. Please send any comments you may have or any ideas on what you would like to see on future versions of this map to: alm-london@groundwork.org.uk

Key



Physical activity and social clubs Health advice and information

Art

Schools

Food